# Restoring your ideal life balance

Your family benefits



Jan 2021

## Would you love more harmony at home?

Learn to stress less and adore more

No fee/no obligation introduction meeting
Six structured family engagement sessions
Personalised rebalancing plan for each family member
Post program support in sustaining your harmony plan

Investment for a happier family life: €1795

## **Program Features**

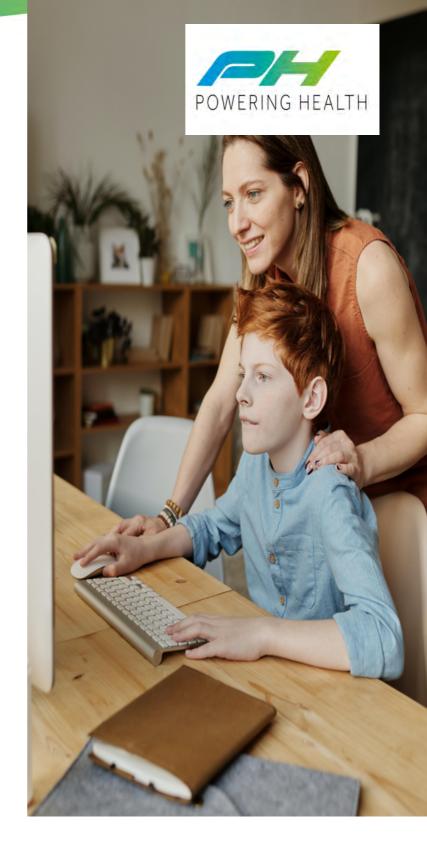
CALMER HEADS
Helping you and others remain
calm when needed most

ACTIVE LISTENING
Family workshops in better
taking others' perspective into
account more often

GAINING BUY-IN Engage all the family in compromise and agreement

MUTUAL SUPPORT
Family members hold each
other accountable to adhering
to harmony agreements

SUSTAIN FAMILY BENEFITS
Permanently enjoy and cherish
the benefits of a better
balanced family life



### **Learn more**

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## **Connect with Seamus**

#### **CLICK HERE**

to book your free, no obligation, introduction to family harmony